



"Today's writers, tomorrow's leaders"



PASTA WITH SARDINES

Ingredients for 2 large or 4 appetizer sized portions:

1/4 cup extra virgin oil olive

1 cup diced yellow onion

1 cup diced fennel

2 cloves garlic, minced

1 anchovy filet

1/4 cup chopped golden raisins

small pinch saffron

1/4 cup white wine

2 cans (4-oz each) sardines packed in olive oil

1/4 cup toasted pine nuts

pinch red chili flakes

salt to taste

1/2 pound bucatini pasta, or thick spaghetti

1/4 to 1/2 cup reserved pasta water, as needed

3-4 tablespoons roughly chopped fennel fronds, toss some in pasta at the end, and save some for the top

toasted breadcrumbs to garnish